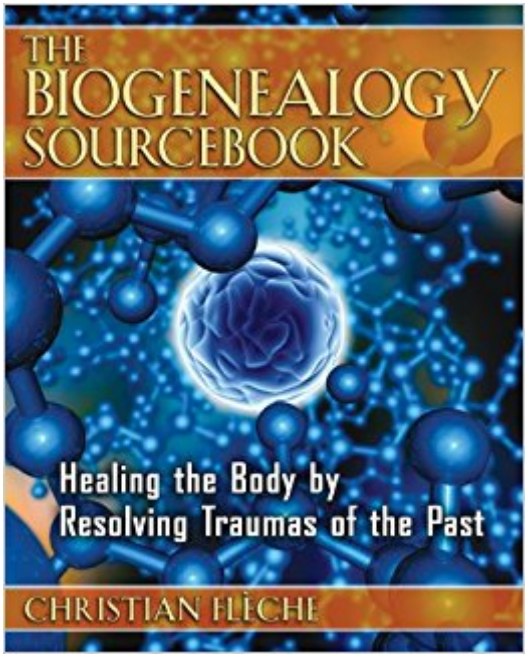
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The Biogenealogy Sourcebook: Healing The Body By Resolving Traumas Of The Past



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Synopsis

A practical guide to the correspondence between emotion, organ systems, and disease Ã¢â ¬Â¢ Identifies what emotional shocks will engender illnesses specific to a certain part of the body Ã¢â ¬Â¢ Shows how illness is an ally that enables individuals to restore balance to their health Biogenealogy is a comprehensive new vision of health that takes the mind-body connection one step further by identifying and consciously addressing the emotional shocks that create physical disorders. Each symptom of an illness precisely indicates its emotional origin. Thus, far from being an enemy, the physical symptom is actually a valuable ally that provides the key to the cure of the physical disease as well as resolution of the emotional imbalance that created it. Christian FlÃƒÂ¨che, the leading researcher and practitioner in the field of biogenealogy, explains that the Ã¢â ¬Å“activation of illnessÃ¢â ¬Â• is the bodyÃ¢â ¬â„¢s reaction to unresolved events that are frozen in time. These unresolved traumas affect the body on the cellular level and manifest in minor as well as more serious chronic conditions. In The Biogenealogy Sourcebook, FlÃƒÂ¨che systematically chronicles all the major organs of the body and specifies the types of emotional conflicts that lead to illness in those areas. For example, he explains that conflicts of separation are evidenced in diseases of the skin; a reduction of self-worth or deep anguish will manifest in the lymph nodes. He also shows that unresolved emotional issues can also be passed down to future generations if left untreated. Intended for therapists, researchers, and any person who wants to take his or her health in hand, this book is an important guide to understanding and decoding the causes and not just the effects of illness.

Book Information

Paperback: 224 pages

Publisher: Healing Arts Press (June 18, 2008)

Language: English

ISBN-10: 1594772061

ISBN-13: 978-1594772061

Product Dimensions: 8 x 0.5 x 10 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 3.5 out of 5 stars 21 customer reviews

Best Sellers Rank: #519,952 in Books (See Top 100 in Books) #83 inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Genetic #178 inÃ Â Books > Religion & Spirituality > New Age & Spirituality > Divination > Prophecy #421 inÃ Â Books > Reference > Genealogy

Customer Reviews

"The Biogenealogy Sourcebook is as thought provoking as it is practical in showing us one of the true conduits between creation and nature. It opens up some of the secrets by which we were meant to live our lives and presents us with a template to align our physical and emotional needs. Reading it could well change your life and who knows one day it might even save it." (Huw Griffiths, New Dawn, Sept-Oct 2009)

HEALTH / HEALING Biogenealogy is a comprehensive new vision of health that takes the mind-body connection one step further by identifying and consciously addressing the emotional shocks that create physical disorders. Each symptom of an illness precisely indicates its emotional origin. Thus, far from being an enemy, the physical symptom is actually a valuable ally that provides the key to the cure of the physical disease as well as resolution of the emotional imbalance that created it. Christian FlÃƒÂ¨che, the leading researcher and practitioner in the field of biogenealogy, explains that the Ã¢â ¬Å“activation of illnessÃ¢â ¬Â• is the bodyÃ¢â ¬â„¢s reaction to unresolved events that are frozen in time. These unresolved traumas affect the body on the cellular level and manifest in minor as well as more serious chronic conditions. In The Biogenealogy Sourcebook, FlÃƒÂ¨che systematically chronicles all the major organs of the body and specifies the types of emotional conflicts that lead to illness in those areas. For example, he explains that conflicts of separation are evidenced in diseases of the skin; a reduction of self-worth or deep anguish will manifest in the lymph nodes. He also shows that unresolved emotional issues can be passed down to future generations if left untreated. Intended for therapists, researchers, and any person who wants to take his or her health in hand, this book is an important guide to understanding and decoding the causes and not just the effects of illness. CHRISTIAN FLÃƒË†CHE is a psychotherapist and a master practitioner of Neuro-Linguistic Programming and the leader in the field of the biological decoding of the psycho-cerebro-physical effects of diseases that manifest in the body. He also is a practitioner of metaphor and symbolic modeling and uses Ericksonian hypnosis, psychogenealogy, and memorized biological cycles in his work. His workshops and seminars have influenced therapists throughout his homeland of France.

It is a slow read and not easy to fully grasp but the overall message of the link between disease and emotional, spiritual element is clear and powerful. As I have applied this teaching to my life, I have found healing.

Good service in getting the book, and I'm trying to be open minded, but ... really? I expected a better written, better sourced, evidence based presentation. This isn't.

This is a good general resource if you are interested in the (possible) link between certain physical ailments and certain mental health conditions -- a laudable and helpful holistic health overview. However, if you are interested in treatment advice, it's not so helpful.

as a meta medicine practitioner, i learned a lot from this book and this is one ofthe books that guide me to know where disease comes from. it's easy to readand clear.

This book will help you figure out if your physical problems align with your emotional issues. It will be difficult to put down.

This book is a fantastic 'go to' resource for getting a snap shot picture of underlying emotional cause to a physical issue. Easy to read and concise. Even insightful for those who are curious about what their body is trying to tell them.

This book is full of controversial, but helpful, information. I learn more each time I pick it up. It was exactly as advertised, and I'm very happy with the purchase.

We don't realize a lot of things about our body. If this is all true everyone should read this book.

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